

ABSTRACT

This quantitative study was conducted to assess the level of emotional intelligence and stress level along with coping strategies used by undergraduate students of Mehran university of engineering and technology, Jamshoro. The research group consisted of 433 university students taking in ground all faculties of MUET. Sample technique used in this study was random and cluster sampling as students are taken randomly from different departments and cluster faculty wise. The Survey is done on measurement scale of Emotional Intelligence, stress level and coping mechanism was used in the study. In the analysis of the study data, arithmetic mean, standard deviation and ANOVA are used on the tool SPSS package program. This study examines the influence of variable Emotional Intelligence on academic achievement among undergraduate students of Mehran university of engineering and technology, Jamshoro. As a results of the study, significance of gender, program of study and CGPA of students was found with variable emotional intelligence and results are significant. ($p < 0.05$). Finding of this study also include significance of emotional intelligence on academic achievement was also found and results are observed significant ($p < 0.05$).