

## **ABSTRACT**

Even as young children, women make up the majority of cotton pickers in Pakistan, yet they frequently forego personal protection equipment because they are unaware of the dangers of pesticides. The present study illustrates to identify issues faced by cotton picking farmer women in district Sanghar, Sindh. The essence of the study is to improve their wage, orient them properly regarding health hazards and safety measures and also provide PPE material to the woman farmer. Conduct legal rights awareness sessions and also give them institutionalized support so they may meet their basic needs. The research provided fresh insight into the issue of personal safety for Pakistani women cotton pickers. It's critical to increase formal education among women workers and to put in place training programmes for personal protective equipment to lower health risks and medical expenses related to pesticides. In Pakistan, the cotton crop is particularly crucial because it accounts for the majority of women's employment in the production and value chains. In all Pakistani agricultural zones, cotton picking is generally a female-only occupation. Women who pick cotton typically live in impoverished rural communities and work as domestic workers to support their families. Due to the extensive use of pesticides on the cotton crop and the low pay, cotton pickers in Pakistan have major health and financial issues. It is proposed that the female cotton pickers be instructed on the value of employing safety precautions both during and after cotton picking in terms of illness treatment and long-term health expenditures.